



## **Wrestling Schedule**

**Venue: Lester Center**

### **Friday, February 5, 2010**

7:30am	Athlete Warm Up/Coaching meeting
8:00am - 12:00pm	Wrestling Session <u>ONE</u>
12:00 pm - 12:30pm	Lunch
12:30 - 5:30pm	Wrestling Session <u>TWO</u>

### **Saturday, February 6, 2010**

7:30am	Athlete Warm Up/Coaching meeting
8:00am - 12:00pm	Wrestling Session <u>THREE</u>
12:00 pm - 12:30pm	Lunch
12:30pm - 5:30pm	Wrestling Session <u>FOUR</u>
5:45pm	Award Ceremony



RioTintoAlcan

